

上越市の人口及び世帯数

(令和4年4月末日現在)

| 地域 | 世帯数 | | 人口 | | | | | | | | | | | | | | | | | |
|--------------|---------------|------------|----------------|------------|---------------|------------|---------------|------------|----------------|-------------|---------------|------------|---------------|-------------|--------------|------------|------------|------------|--------------|------------|
| | 合計 | 前月比 (人) | 日本人 | | | | | | | | | | | | | | 外国人 | | | |
| | | | 合計 | 前月比 (人) | 男 | 前月比 (人) | 女 | 前月比 (人) | 小計 | 前月比 (人) | 男 | 前月比 (人) | 女 | 前月比 (人) | 小計 | 前月比 (人) | 男 | 前月比 (人) | 女 | 前月比 (人) |
| 上越市全体 | 76,946 | 272 | 185,827 | -65 | 91,207 | 30 | 94,620 | -95 | 184,036 | -137 | 90,521 | 7 | 93,515 | -144 | 1,791 | 72 | 686 | 23 | 1,105 | 49 |
| 合併前上越市 | 54,365 | 225 | 127,428 | 54 | 62,614 | 95 | 64,814 | -41 | 126,409 | 37 | 62,180 | 83 | 64,229 | -46 | 1,019 | 17 | 434 | 12 | 585 | 5 |
| 13区合計 | 22,581 | 47 | 58,399 | -119 | 28,593 | -65 | 29,806 | -54 | 57,627 | -174 | 28,341 | -76 | 29,286 | -98 | 772 | 55 | 252 | 11 | 520 | 44 |
| 安塚区 | 956 | -3 | 2,027 | -11 | 979 | -6 | 1,048 | -5 | 2,013 | -11 | 977 | -6 | 1,036 | -5 | 14 | 0 | 2 | 0 | 12 | 0 |
| 浦川原区 | 1,123 | 2 | 3,041 | -4 | 1,508 | -5 | 1,533 | 1 | 3,025 | -4 | 1,504 | -5 | 1,521 | 1 | 16 | 0 | 4 | 0 | 12 | 0 |
| 大島区 | 608 | -1 | 1,283 | -4 | 605 | -4 | 678 | 0 | 1,277 | -4 | 604 | -4 | 673 | 0 | 6 | 0 | 1 | 0 | 5 | 0 |
| 牧区 | 754 | 1 | 1,611 | -10 | 770 | -5 | 841 | -5 | 1,600 | -11 | 766 | -5 | 834 | -6 | 11 | 1 | 4 | 0 | 7 | 1 |
| 柿崎区 | 3,402 | 4 | 8,831 | -14 | 4,296 | -9 | 4,535 | -5 | 8,794 | -16 | 4,286 | -11 | 4,508 | -5 | 37 | 2 | 10 | 2 | 27 | 0 |
| 大潟区 | 3,666 | 51 | 9,185 | 28 | 4,491 | 5 | 4,694 | 23 | 8,996 | -16 | 4,418 | -1 | 4,578 | -15 | 189 | 44 | 73 | 6 | 116 | 38 |
| 頸城区 | 3,455 | -2 | 9,206 | -21 | 4,560 | -9 | 4,646 | -12 | 8,821 | -29 | 4,435 | -12 | 4,386 | -17 | 385 | 8 | 125 | 3 | 260 | 5 |
| 吉川区 | 1,400 | -1 | 3,651 | -12 | 1,756 | -1 | 1,895 | -11 | 3,620 | -12 | 1,747 | -1 | 1,873 | -11 | 31 | 0 | 9 | 0 | 22 | 0 |
| 中郷区 | 1,323 | -1 | 3,357 | -9 | 1,641 | -4 | 1,716 | -5 | 3,336 | -9 | 1,633 | -4 | 1,703 | -5 | 21 | 0 | 8 | 0 | 13 | 0 |
| 板倉区 | 2,165 | -3 | 6,194 | -21 | 3,019 | -8 | 3,175 | -13 | 6,173 | -21 | 3,016 | -8 | 3,157 | -13 | 21 | 0 | 3 | 0 | 18 | 0 |
| 清里区 | 881 | 0 | 2,470 | -10 | 1,257 | -4 | 1,213 | -6 | 2,465 | -10 | 1,257 | -4 | 1,208 | -6 | 5 | 0 | 0 | 0 | 5 | 0 |
| 三和区 | 1,886 | -1 | 5,226 | -22 | 2,588 | -10 | 2,638 | -12 | 5,202 | -22 | 2,576 | -10 | 2,626 | -12 | 24 | 0 | 12 | 0 | 12 | 0 |
| 名立区 | 962 | 1 | 2,317 | -9 | 1,123 | -5 | 1,194 | -4 | 2,305 | -9 | 1,122 | -5 | 1,183 | -4 | 12 | 0 | 1 | 0 | 11 | 0 |